

I am a patient here at the clinic who is urging you to treat your teeth with FLUORIDE GEL each night. I found out the hard way that using the GEL & GEL TRAYS is the only way to avoid widespread tooth decay after throat cancer treatment.

After dealing with 35 radiation treatments, I didn't want the hassle of applying the FLUORIDE GEL at first. I was also afraid of swallowing too much of it, which I would later find is really not a problem. I got away with not using the GEL for maybe nine months or more before the cavities began to appear.

The following 2 years brought about 20 or more, one of them resulting in a root canal. I knew something had to be done.

Still thinking the GEL TRAYS were too complicated & messy, I first started brushing the GEL on, using a very soft toothbrush. This helped reduce my cavities by maybe 25% at the most, certainly not good enough.

With no choice, I pulled out the instructions for the GEL TRAYS one night. I started practising, putting just a couple of drops in each tray & then

spreading it out evenly with a tiny knife or brush. I'd put them in my mouth next, practising the entire process. After finishing, I'd remove the trays, rinse out my mouth & then practice the entire routine again. I tried it maybe four times, just enough to assure that I was finally good at this process I had feared for too long.

Now that I was confident at working with the FLUORIDE GEL & GEL TRAYS, it was only a matter of claiming the 20 minutes after brushing my teeth each night to do my new treatment. After the first week or so, I hardly even thought about it anymore.

The nightly GEL TREATMENTS were now simply part of my life.

Using the FLUORIDE with the GEL TRAYS has reduced my cavity count by about 80 percent. I need to take good care of my teeth as well, but it makes a huge difference. If life after throat cancer has become a nightmare of tooth decay, FLUORIDE GEL will help you a lot if used properly.

A. Aaron Rain